

## **Two Sabbaths**

Luke 6:1-11

by Don Falkos

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One Sabbath Jesus and his disciples were walking through a grain field. The disciples started picking heads of grain, rubbing them in their hands to get rid of the husks, and eating the kernels. Some Pharisees saw what they were doing and said, "Why are you harvesting grain. You're not supposed to do that on the Sabbath."

Jesus replied, "Don't you know what David did when he and his men were hungry? He went into the House of God and took the bread from the altar, bread only the priests were supposed to eat. David not only ate that bread himself but gave some to his men as well. The Son of Man is not a slave to the Sabbath. The Son of Man is Lord of the Sabbath."

On another Sabbath Jesus was teaching in a synagogue where there was a man whose right hand was shriveled. The Pharisees and the experts in the Law were watching Jesus closely, hoping to catch him breaking some Sabbath regulation.

Jesus knew what they were thinking. He said to the man with the shriveled hand, "Come, stand here in front of everyone."

Then Jesus said, "Which is lawful on the Sabbath: to do good or to do evil, to save life or to destroy it?"

He looked around at all the people in the synagogue that day and then said to the man, "Stretch out your hand." As the man stretched out his hand, it became whole. The Pharisees were furious. They started talking amongst themselves about what they might do to Jesus.